



Entrepreneurial ENERGY

...it drives America

Career
Partners
Inc.

E Squared offers high school students exposure to real-life business situations both through training by local business people and through the team experience of creating a business venture in a competitive environment. Trainers from the local business community share their experience to reinforce and add relevance to the academic curriculum. This year's E Squared Competition included 20 teams of 4-6 students from Career & Technical classes at both high schools. The teams designed new business ventures and developed Business Plans to support obtaining financing from the fictitious E Squared Venture Capital Group.

E Squared is made possible through the efforts and dedication of the Career & Technical Department of the Culpeper County School System and Career Partners, Inc., a partnership of local businesses, education, and government. The all-volunteer Career Partners organization is now in its 13th year of operation.

Six teams were selected to be in the final competition after all teams competed in three semifinal eliminations held simultaneously. These six teams further developed their plans and competed in the final competition on May 19th in the Board of Supervisors' meeting room. A total of twenty local business people judged the teams.



Students from the six finalist teams gather at the E Squared Final Event to hear the winning team announced.

Each member of the winning team was awarded an educational grant of \$5,000.00.

A big "Thank You" for the extraordinary financial support of the following sponsors!

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In-kind support from: Channel 21, Culpeper County School System, Chamber of Commerce, & Board of Supervisors

To find out more about Career Partners and the E Squared program contact:

Randi Richards-Lutz, Career & Technical Administrator: 540-825-7695 or richards@culpeperschools.org

Visit our Website: www.ESquaredCulpeper.com



Culpeper County Building Department ANNOUNCES Regional “Green Building” Training and Resource Center

- Culpeper’s Green Building Training and Resource Center will provide reliable information for consumers.
- The Center will ensure a uniform Green Building standard for contractors, plan reviewers and inspectors.
- Training and certification will be offered beginning this fall.
- The Center will draw businesses using or developing Green Building methods and products.
- We hope to bring benefits to the regional economy and environment.

The Culpeper County Building Department is developing the first regional “Green Building” Training and Resource Center.

In partnership with The Daniel Technology Center, Germanna Community College and Planning District 9, the Center will establish a contemporary source for information on energy conservation and green building practices.

In addition, training classes and workshops will be created for workforce development, as well as builders, contractors, plan reviewers and inspectors. The training program will focus on the emerging Energy Code requirements and “best practice” construction methods.

The term “Green Building” refers to: energy efficiency, water and land conservation and use, sustainable building practices and the use of alternative energy resources. In this time of ever-increasing energy costs, there are many new technologies emerging to help consumers save money on their energy costs. Some of these are well worth the investment, while

others are not well suited for this area.

As new business and career opportunities are developed from these green building practices, the Resource Center will provide a source for reliable information for consumers. This will help build confidence in any energy conservation investments being considered.

The Center, when fully established, will not only stimulate local economic development, but also support new opportunities and jobs in this emerging technology. By providing training for jobs that specifically target energy conservation, the program will provide a skilled workforce ready to fill new positions. This workforce will service new construction as well as retrofit opportunities for existing buildings.

The Center will also provide public information on Weatherization Assistance Programs, Energy Efficiency Rebate Programs, and other energy conservation programs that are available to help reduce individual energy use. Increasing public awareness of these

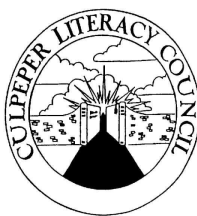
opportunities will reduce energy consumption throughout the region when implemented. Consumers who take advantage of these programs will benefit from the resulting energy cost savings.

Workshops and classes are planned to begin in the Fall of this year. The Culpeper County “Green Building” Resource Center can be contacted now at 540-727-3444 X 395, Monday through Friday between the hours of 8:00 AM and 4:30 PM.

The project is funded by an Energy-Efficiency and Conservation Block Grant (EECBG) awarded to the Culpeper County Building Department in February 2010. The Grant is part of the American Recovery and Reinvestment Act and is administered through the Department of Mines, Minerals and Energy. Culpeper County joined with Planning District 9 to develop the project and was among 26 grantees from a pool of nearly 150 proposals submitted.

CULPEPER LITERACY COUNCIL

Culpeper Literacy Council would like to thank the Culpeper community for their incredible support of “An Evening with Jeannette Walls.” The best-selling author of The Glass Castle and Half Broke Horses spoke and participated in a book-signing at Germanna Community College with all proceeds benefitting Culpeper Literacy Council. The funds raised enable CLC to continue in our mission to provide free literacy services to adults in the Culpeper community. A sincere thank you to Jeannette and to all of those who supported CLC in this special event!



Culpeper Literacy Council provides free classes for adult students who wish to learn English as a second language, obtain a GED and/or improve basic reading and writing skills. One-on-one tutoring is also available.

For more information about classes or to become a volunteer tutor, please contact us at:

Culpeper Literacy Council
415 South Main Street
Suite 204
Culpeper, VA 22701
(540) 825.5804

www.culpeperliteracy.com

REGIONAL ADULT EDUCATION

CULPEPER, MADISON, ORANGE & RAPPAHANNOCK COUNTIES

Piedmont Regional Adult & Continuing Education Programs

WE’VE MOVED!

to Culpeper Annex

14270 Achievement Dr.

Culpeper, VA 22701

(540) 829-9914

PIEDMONT REGIONAL ADULT EDUCATION					
Culpeper Annex 14270 Achievement Drive Culpeper, VA 22701 Telephone (540) 829-9914					
Fall 2010 CONTINUING EDUCATION SCHEDULE					
CLASS	DAY	BEG.-END	SESSIONS	TIME	FEE
Beginning Astronomy	TBA	TBA	1	8:00 P.M.	FREE
Computers for Seniors	T	10/5 – 11/2	5	5:00-7:00 PM	80.00
Computers for Seniors	T	11/9 – 12/7	5	5:00-7:00 PM	80.00
Introduction to Computers	M	10/4 – 11/1	5	5:00-7:00 PM	80.00
Introduction to Computers	W	11/10 – 12/15	5	6:00-8:00 PM	80.00
MS Excel	W	10/6 – 11/3	5	7:00-9:00 PM	80.00
MS Excel	W	11/10 – 12/15	5	7:00-9:00 PM	80.00
MS Word I	W	10/6 – 11/3	5	5:00-7:00 PM	80.00
MS Word I	W	11/10 – 12/15	5	5:00-7:00 PM	80.00
Keyboarding	T	10/5 – 11/2	5	7:00-9:00PM	80.00

ALL CLASSES AT CULPEPER ANNEX 14270 ACHIEVEMENT DRIVE

GED Testing Schedule

Denise S. Vogt, Chief Examiner

August 12 & 14, 2010

September 9 & 11, 2010

October 14 & 16, 2010

November 11 & 13, 2010

December 9 & 11, 2010

You need to register 10 days before the test date.

Reasonable accommodations are available upon request, for individuals who qualify.

The Culpeper Annex is open to take your GED application Monday – Friday 8:30 A.M.—4:30 P.M. Additionally, we are open late on Monday and Thursday evenings until 8:00 P.M.

Piedmont Regional Adult Education

(540) 829-9914

Register for Adult Classes in your area for GED Preparation, or ESOL (English Speakers of Other Languages). Work on your reading, writing and math skills for GED and speaking skills for ESOL.

Call for information.

Culpeper GED – 5:30 PM – 8:00 PM/Tues. & Thurs.

Culpeper Annex, Culpeper, VA

Culpeper/Rappahannock ESOL – English As A Second Language

6:30 PM – 9:00 PM/Tues. & Thurs./Health & Human Resources

Culpeper, VA & Farmington Elementary ESOL

6:00 PM-8:30 PM/Tues. & Thurs., Culpeper, VA

Morning ESOL – 9:15 AM – 11:45 AM/Mon. & Wed.

Virginia Community Bank, Culpeper, VA

English Café 5:00 - PM – 7:00 PM/Wed.

Sycamore Park Elementary School, Culpeper, VA

Fast Track Class – 5:30 PM – 8:00 PM/Mon. & Wed.

Culpeper Annex, Culpeper, VA

Literacy Council of Madison GED – 9:30 AM – 12:00 Noon/Tues. & Thurs.

Madison Literacy Council, Madison, VA

Literacy Council of Madison GED – 6:00 PM – 8:00 PM/Tues. & Thurs.

Madison Literacy Council, Madison, VA

Gordonsville GED – 6:30 PM – 9:00 PM/Mon. & Wed.

Gordon-Barbour Elem. Library, Gordonsville, VA

Head Start ESOL—5:30 PM -7:30 PM/Mon. & Wed.

Prospect Heights Annex, Orange, VA

Orange GED – 6:30 PM – 9:00 PM/Mon. & Wed.

Taylor Educational Administrative Complex, Orange, VA

Orange GED – 9:00 AM -11:30 AM/Tues. & Thurs.

TBA, Orange, VA

Rappahannock GED – 6:00 PM – 8:00 PM/Mon. & Thurs.

Rappahannock High School, Washington, VA

Many adults who did not complete a high school program of instruction have continued to learn through a variety of experience encountered in everyday life. The purpose of the GED Testing Program is to provide an opportunity for these individuals to have the learning acquired from such educational experiences evaluated and recognized. The GED Tests make it possible for qualified individuals to earn a high school credential, thus providing opportunities for hundreds of thousands of adults to:

- Pursue higher education
- Obtain jobs or job promotions
- Achieve personal goals

WHAT ARE THE GED TESTS?

The Tests of General Education Development (GED Tests) are internationally recognized. They have been designed to measure major academic skills and knowledge in core content areas that are learned during four years of high school. When an adult passes the 7 ½ hour GED Tests battery, the resulting GED credential certifies that he or she has attained subject matter knowledge and skills associated with high school completion. The GED Tests battery includes the following subject area tests:

- Language Arts, Writing
- Social Studies
- Science

- Language Arts, Reading
- Mathematics

The GED Tests are offered in English and Spanish editions.

GRAND OPENING! Culpeper Model Barnstormer’s Lenn Airpark RC Model Flying Field

Attention RC Modelers and Flyers
New Club and New Field -

By John Hutton and Douglas Cash
(photos by Douglas Cash)

Culpeper County is located in northern Virginia, where the high cost of land makes obtaining and maintaining model aviation fields a difficult challenge. Recently, the Northern Virginia Radio Control Club lost the field they had used for over 30 years. Any opportunity for land suitable for model flying in the area is keenly watched for by members of the various clubs.

Here in Culpeper the Lenn brothers had farmed their land for many years. Part of their land included an 85-acre piece known as “Lenn’s Bottom”, on which part of the battle of Brandy Station took place during the Civil War. The Lenn brothers decided to donate that piece of land to Culpeper County to use as a park. Part of this tract is narrow and in a flood plain.

Frank Bossio, County Administrator and Director of the Airport, consulted with Mike Dale, member of the Airport Committee, about the use of this part of the potential park. Mike, an active and enthusiastic modeler, immediately saw the potential for a great RC flying site. He assembled a small group of modelers and created a new RC club, the Culpeper Model Barnstormers (CMB), to promote and develop this section of the Lenn tract as a flying site.

Plans for site development were presented to the Culpeper County Board of Supervisors who agreed to the RC flying site, if CMB would manage it without use of County funds. The Lenn brothers, being aviators, also affirmed the proposed use and even went so far as to guarantee CMB over-flight privileges on the rest of their land.

CMB members led by Nic Burhans spent a great deal of time clearing, mowing, and rolling the flying field, laying out a 100 by 600 ft runway. Usable access to the field was managed by filling in washout areas with donated gravel.

With the field taking shape we decided to have a grand opening event, so we could thank all of the people who helped us obtain and develop the site. The event was held on June 5, 2010. Over 100 people attended, including modelers from all over the area. One member of the Board of Supervisors flew his Robinson helicopter in, put on a nice center stage show and landed at the field.



A member of the Board of Supervisors arrives in his “model”

The day began with open flying for all Academy of Model Aeronautics (AMA) members. At 11:00 the show began with a low fly-by of full scale airplanes led by Mike Dale in his very rare Percival P.56 Provost T1, followed by a Waco ZPF-7, a Dehavilland Chipmunk, a rare Taylorcraft 20 sedan and a Cessna 172.



Percival P.56 Provost T1 flyby

Then the model show began with Duane Beck flying an electric glider for over an hour above the rest of the show. Pete Carpenter flew a small Park Zone Cub. Scale models followed with Bill Hadden’s 10-foot electric Halifax bomber and an eight-foot Handley Page HP-42. Marsh Dehart flew his Vario Bell 47 helicopter in the MASH scheme complete with two wounded soldiers and “Hot Lips” Houlihan.



Marsh De Hart’s Bell 47



Bill Hadden landing the Halifax

Gene Albrecht gave us a great show with his turbine powered Composite ARF Rookie II doing high speed passes (189 mph recorded on one pass) and vertical rolls. As often happens with flying models, the plane dipped a wing on final approach, flipped over and sustained some damage. Gene took it in stride and liked the field so much he joined the club before leaving at the end of the day (as did many others!).

Duane Beck handed off the electric glider (Park Zone Radian) to Douglas Cash, the flight line boss, while he demonstrated a pattern routine flying an electric powered Sebart Angel 50S.



Duane Beck with his Sebart Angel 50S

Opening ceremonies began at noon in a nice tent with PA system provided by Parks and Recreation. Boy Scout Troop 550 presented the colors followed by Wayne Payne who led us in singing the national anthem. We thanked the Lenn brothers, Parks and Recreation, the Board of Supervisors and all of the modelers who came to support the event.

Supervisor Bill Chase led the ribbon cutting ceremony. He thanked the Lenn brothers and said the field represented a great example of volunteerism, noting that “Everything in the



Scout Troop 550 presents the colors

world doesn’t have to cost a lot of money.” Other guests included supervisors Steve Nixon, Steve Walker, Sue Hansohn and County Administrator Frank Bossio.

At the conclusion of the ceremony the Barnstormers provided lunch for everyone, and the model air show resumed with a superb gravity defying high alpha flight demonstration by Andrew Benjamin. Small electric powered ducted fans were flown next with Vince Tabacco, Bill Hadden and Mike Dale zipping around the field in mock combat. This was a big hit with the crowd. Vince’s foamy F9F Panther was “shot down” and made to look like a styrofoam cooler after impact with a semi-truck, and Mike’s Vampire was forced down by Bill’s remaining F9F.

Bill Hadden noted that it was an exceptional event for Mike Dale to have over-flown the new site in his Provost then to come back to the field and fly his electric powered Vampire at the same event.

This Grand Opening was a superb event. Kudos to all who participated and made such a good show.

If you are interested in model aviation, please contact the club and prepare to have fun!



Pilot- RC Steinbach 342
Scale Model



Virginia Cooperative Extension
A partnership of Virginia Tech and Virginia State University
www.ext.vt.edu



Culpeper County Office
101 S West Street Culpeper VA 22701
540/727-3435

GET READY FOR A 4-H FALL

Cristy Nibblins, Extension Agent
JoAnna Kilby, Program Assistant
4-H Youth Development

As summer is winding down, it is time to place our thoughts on school. As some of you may know, 4-H is not just a club that meets after school hours. 4-H offers a wide variety of school enrichment curriculum that can be taught during school hours. 4-H school enrichment areas are designed to strengthen the member's knowledge of school subject-matter areas, thus complementing what the school is teaching. Culpeper County's 4-H program assistant, JoAnna Kilby, facilitated numerous 4-H programs throughout the school year in A.G. Richardson, Farmington, Sycamore Park and Yowell Elementary Schools.



"Smart Choices for Smart Kids" completed its second year with grades 1st – 5th at Yowell Elementary. This program teaches children about the food groups of the pyramid and how exercise isn't just running. It can be many fun activities that children already love doing such as basketball, dance and so much more. This curriculum also embraces how each individual is unique, and everyone has wonderful attributes that makes us different. Participants received their own jump rope at the end of the 6-week curriculum. The curriculum can also be facilitated during gym classes for grades K-8th.

"4-H Pizza Garden" was one of a couple of new curriculums introduced to Culpeper Schools last school year. Ms. Doerr's 4th grade class at Yowell Elementary participated in this project, which was enhanced by a grant received from National Garden Association, where an

AeroGarden was awarded to the 4-H Program. Children learned where their food originates by using something they love to eat. PIZZA! The curriculum encompasses various agricultural products in addition to lessons on nutrition and consumer decision-making. Children used the AeroGarden to grow salad greens, and at the completion of the project each child created their own healthy pizza. It was a delicious experience!



4-H offers many more enriching curriculums that are related to nutrition, plant, insect (such as butterflies), and animal life cycles, forestry and much more. There is a wide variety of curriculum to choose from which correlates with Virginia Standards of Learning (SOL's). Area of studies include: animal science, careers & economic education, citizenship, communications & expressive arts, family sciences, foods nutrition & health, leadership, natural resources & environmental educations, and plants, soil & entomology.

School enrichment programs range in a variety of different time lengths and are available to all grade levels in Culpeper County. For more information on these curriculums, or if you are interested in having one of these programs or another curriculum that correlates with your lesson plans provided during your class time, please contact Cristy Nibblins at nibblins@vt.edu or JoAnna Kilby at jlclark@vt.edu or (540) 727-3435.

Beginning with the new school year the 4-H Fox's Garden will embark on its second year. Participants last year and during summer school enjoyed learning how to create and maintain their own garden. Enjoying the fruits of their labor was well worth the effort. Children grew a wide variety of vegetables and fruits which

included watermelon, tomatoes, radishes, carrots, peas, herbs and much more. Each child walked away with a better understanding of complete nutrition and how things grow and how to create a vast variety of dishes with their crops. Everyone enjoyed tending their garden and even pulling weeds and watering. Herbs and tomatoes were donated, so participants could take them home and continue working on their green thumbs and share their knowledge and experience with their families. Donations are always welcome in this continuing after school 4-H club. For more information on how to donate or to begin this project at your school please contact JoAnna Kilby.



October will be here before we know it, and the new 4-H year will begin.

4-Her's "Learn by Doing" through projects and learn citizenship responsibilities and gain leadership experiences. Members pledge their **Head** to clearer thinking, their **Heart** to greater loyalty, their **Hands** to larger service, and their **Health** to better living, for their club, community, country and world. 4-H promotes character education, and the 4-H motto is "To Make the Best Better." If you are interested in joining 4-H, now is the time to join! Each session of the Culpeper Minutes this year we will be highlighting our 4-H clubs. For a complete listing of all 4-H clubs please contact Virginia Cooperative Extension at 727-3435. We look forward to having you in our Culpeper County 4-H Family!

4-H isn't just cows, chickens and goats! Along with these wonderful feathered and furry friends comes much more.

Culpeper 4-H Community Club offers a variety of 4-H activities and projects for those who are unable or uninterested in having an animal project. A past project included photography with a plan for a 4-H yearbook. The club works on other fun and exciting hands-on adventures. This club is open to youth ages 9-19 and meets the 2nd Tuesday of each month at 6 p.m. at the Culpeper Extension Office. For more information on this exciting club please contact the leader, Donna Frazier, at 540/829-6060.

Speaking of animals, the **4-H Beef Club** would love to have you join, if you are interested in beginning a beef project.

Club members learn about the care, feeding, health, and safety of their beef animals along with many other life lessons and hands on experiences that 4-H brings. This club is sure to enhance your understanding and bring many memories to last a lifetime! This club is open to youth ages 9-19 and meets the 1st Thursday of each month at the Culpeper Extension Office at 7 p.m. For more information on this stimulating club please contact the leader, Melissa Carder, at 540/661-6932.

Most 4-H clubs are open to youth ages 9-19; however, there are a few that welcome ages 5-8, which we classify as Cloverbuds. The **Culpeper 4-H Cloverbud Club** is the perfect fit for those little ones just jumping to begin 4-H. This club's purpose is to provide a fun and educational experience that helps children explore many interests and build self-confidence through healthy experiences, and most of all to have fun all while learning about 4-H! This club is open to youth ages 5-8 and meets the 4th Wednesday of each month at the Culpeper Extension Office at 6:30 p.m. For more information on this wonderful club please contact the leader, Jackie Dye, at 540/937-3492.

If you have any questions about 4-H or would like to volunteer, please contact Cristy Nibblins, Extension Agent, 4-H Youth Development (nibblins@vt.edu) or JoAnna Kilby, Program Assistant, 4-H Youth Development (jlclark@vt.edu) or (540) 727-3435.

LAWN RECOVERY AFTER DROUGHT

Carl Stafford, Extension Agent,
Agriculture

Mike Goatley, Extension Turfgrass
Specialist, Virginia Tech

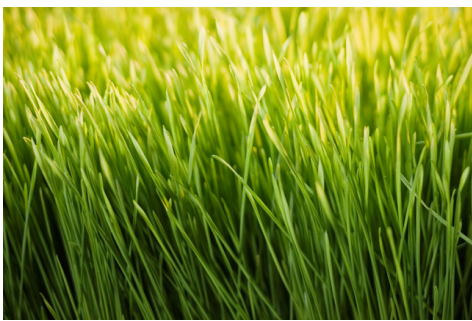
Following an extended summer drought, fall rains provide a very quick distinction between living and dead cool-season turf. Turfgrasses will quickly resume the expansion and emergence of previously formed leaves that were shut down by the drought and will also initiate new leaf growth that will contribute to an overall greening of the turf within a day or so of a significant rainfall event. If the turf does not show signs of recovery, then make

Continued on next page—

Continued—preparations for renovating the turf in the fall, the best season to establish cool-season grasses.

If the entire lawn has failed, then complete renovation involving an application of a non-selective herbicide such as glyphosate to control all the existing vegetation is often appropriate. At this time, you have the opportunity to consider if perhaps another cool-season turf grass might be better suited to your conditions. Tall fescue works well across much of the state, and research is showing that a mix of tall fescue and hybrid bluegrass has desirable qualities. Complete renovation is costly, very labor-intensive and often is not required.

However, most lawns will likely have problem spots, and these places will be



surrounded by healthy looking grass, so it makes sense to concentrate only on the spots. A local homeowner told me once that he over seeds some of his yard every year. This is basically maintenance, keeping a nice yard looking good much as you would your home.

A soil test is important to making decisions about nutrients. You may not need any, if previous applications have been made. Contact our office (727-3435) for information on how to have your soil tested at our lab. Be sure to properly prepare the soil for planting new seed. Some degree of soil preparation is essential for successful establishment; the seed must come in good contact with the soil to germinate. Simply sprinkling seed on top of the ground makes for expensive bird food.

What about how much seed to plant? While there are very distinct seeding recommendations for new establishments and/or complete renova-

tions available through our office, this is a tough question for spot renovations. If there is an area of 500-1000 square feet that needs repair, then weigh out from 1 to 8 pounds of seed depending on the grass you selected. Apply this seed with a rotary or drop spreader over the area, making sure it is evenly distributed. When you look at your seed application pattern, 1 seed per square inch is too thin, and 10 to 15 seeds per square inch is about right. Seed stacked upon seed is too much. Variation in seed size makes this a moving target in terms of pounds per square foot.

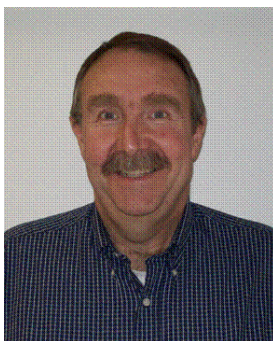
Another valuable tool in partial renovations is a compost application. The compost can be applied either before the soil preparation or as a topdressing following seeding. Only 1/4 to one inch depth of a quality compost is required. Then, lightly mulching the seeded areas will also help conserve moisture, reduce seed movement from rain/irrigation events, and further enhance establishment. Wheat straw works great with about 1 bale/1000 sq ft of area being an appropriate mulching density. Local farm suppliers carry straw, and our Culpeper Ag. Directory has a number of listings as well. The key to the right amount of straw is that you should still be able to see some soil. An advantage to straw mulch is that you don't have to worry about picking it up after germination is complete. Simply mow the turf when it needs to be clipped and chop the straw right back into the turf canopy. There also are bagged mulch products, some of which contain seed and fertilizer in the mix, and these are particularly handy (and affordable) for patch work renovations.

Follow these steps this fall to return your lawn into not only a thing of beauty, but also one of Mother Nature's most effective means of water filtration and soil stabilization. Remember that your local Virginia Cooperative Extension office offers plenty of resources and expertise in your quest to keep the lawn green and our water clean.

For more information you may contact Carl Stafford at ccstaffo@vt.edu or Mike Goatley at goatley@vt.edu.

THE ROLE OF THE FARM BUSINESS MANAGEMENT AGENT

Peter Callan, Extension Agent
Farm Business Management



The Northern District, which includes 25 counties in Northern Virginia, encompasses a diverse mix of agricultural businesses. My extension efforts revolve

around helping part-time and full-time producers formulate plans to improve the profitability of their farms and conducting workshops for families considering transferring the farm to the next generation.

Many urban residents from Northern Virginia are purchasing acreage in rural areas with the intention of creating small farms. I work with new landowners in the areas of business planning, budgeting, record keeping and the selection of potentially profitable and suitable farming operations for their acreages. Crop, dairy, hay, livestock, machinery and farm budgets are utilized to help producers determine their costs of production. Using my extensive practical experience in production agriculture and work as an agricultural lender I assist producers in developing realistic strategies to improve the long-term viability of their farms.

The average age of Virginia farmers is 58 years. I manage the Farm Transition Workshop Series for the Northern District. This program helps farm owners and the "next generation" to plan for the successful transfer of the farm land and business. I work with family members assessing personal and business goals and analyzing their farms' financial and production records. Then I am able to help families select enterprises which are compatible with their personal and business objectives.



After School Arts Program Fall Semester 2010

FOR WHOM? Open to any Middle School/High School student residing in Culpeper.

WHEN? Classes start
September 28.

WHERE? Classes will be held after school at Culpeper Middle School – Tues. or Wed.

WHAT CLASSES WILL BE OFFERED?

GUITAR, CARTOONING, PAINTING, JEWELRY MAKING, DANCING, CREATIVE WRITING/POETRY, TIE DYING, AND MORE.....

COST? \$10.00 donation suggested.

HOW DO I SIGN UP?

Applications may be obtained in September at:

www.healthyculpeper.org or at the Healthy Culpeper office, Culpeper County Parks & Recreation, Culpeper Public Library, and Culpeper school offices. Please return applications to the Healthy Culpeper office at the address below.

Registration deadline is
Sept. 24.

Please contact: Denise Walker
at 727-7584 or
dwalker@culpeperhumanservices.org

219 E. Davis Street—Suite 100
Culpeper VA 22701
540-727-0372 Fax: 727-7584

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in any of these activities, please contact Virginia Cooperative Extension, Culpeper Office, at 540-727-3435 during business hours of 8:00 a.m. to 5:00 p.m., Monday through Friday, to discuss accommodations prior to the activity.



GERMANNA
COMMUNITY COLLEGE
*Center for Workforce
& Community Education*

GERMANNA COMMUNITY COLLEGE
FALL 2010 NON-CREDIT CLASSES Call 540-891-3012 to Register

Site	Course Title	Price	Start	End	Days	Time
DTC	Nature Photography	129	16-Oct-10	20-Nov-10	Sa	9:00AM-11:00AM
FAC	Private Pilot Ground School	250	24-Aug-10	09-Nov-10	Tu	7:00PM- 9:30PM
FAC	TOEFL Preparation Course	329	28-Aug-10	18-Dec-10	Sa	9:00AM-12:00PM
FAC	Home Electricity I: Hands-On Basics	69	04-Sep-10	04-Sep-10	Sa	12:30PM- 3:30PM
FAC	Home Electricity I	69	04-Sep-10	04-Sep-10	Sa	9:00AM-12:00PM
FAC	Health Care CRC Orientation	139	07-Sep-10	15-Sep-10	TuW	5:00PM- 9:00PM
FAC	Dealer-Operator Mandated Training	325	07-Sep-10	08-Sep-10	TuW	8:00AM- 5:00PM
DTC	IT Essentials I: PC/A+ Certification Preparation	899	08-Sep-10	15-Dec-10	MW	6:30PM- 9:30PM
	Basic Contractor's Business Licensing Class	199	11-Sep-10	11-Sep-10	Sa	8:00AM- 5:00PM
FAC	Home Electricity 3: Breaker Box Basics Tuition	69	11-Sep-10	11-Sep-10	Sa	9:00AM-12:00PM
FAC	Home Electricity 4: Hands On-Advanced	69	11-Sep-10	11-Sep-10	Sa	12:30PM- 3:30PM
FAC	Making an English Trough	39	11-Sep-10	11-Sep-10	Sa	10:00AM- 1:00PM
DTC	Open Computer Lab for Seniors	Free	14-Sep-10	14-Sep-10	Tu	1:00PM- 4:00PM
FAC	Open Computer Lab for Seniors	Free	14-Sep-10	14-Sep-10	Tu	9:00AM-11:00AM
FAC	MS Word 2007 I	119	17-Sep-10	17-Sep-10	F	9:00AM- 4:00PM
DTC	Legal Compliance	69	21-Sep-10	21-Sep-10	Tu	9:00AM-12:00PM
DTC	Computer Basics	119	21-Sep-10	23-Sep-10	TuTh	6:00PM- 9:00PM
FAC	MS Excel 2007 I	119	21-Sep-10	21-Sep-10	Tu	9:00AM- 4:00PM
FAC	MS Access 2007 I	119	23-Sep-10	23-Sep-10	Th	9:00AM- 4:00PM
FAC	So You Want to Be a Substitute Teacher	39	23-Sep-10	23-Sep-10	Th	7:00PM- 9:00PM
DTC	Basic Keyboarding for Computer Users	119	27-Sep-10	29-Sep-10	MW	6:00PM- 9:00PM
DTC	Wage and Salary Compensation	69	28-Sep-10	28-Sep-10	Tu	9:00AM-12:00PM
DTC	MS Word 2007 I	119	28-Sep-10	30-Sep-10	TuTh	6:00PM- 9:00PM
FAC	Photography for Beginners	129	04-Oct-10	25-Oct-10	M	6:30PM- 9:30PM
FAC	AutoCAD, Part I	379	04-Oct-10	25-Oct-10	MW	6:30PM- 9:30PM
FAC	Basic Computer Literacy	259	04-Oct-10	18-Oct-10	MW	6:00PM-10:00PM
DTC	Discipline and Discharge	69	05-Oct-10	05-Oct-10	Tu	9:00AM-12:00PM
DTC	MS Excel 2007 I	119	05-Oct-10	07-Oct-10	TuTh	6:00PM- 9:00PM
FAC	Conversational Spanish, Part 1	139	05-Oct-10	16-Nov-10	Tu	7:00PM- 9:00PM
FAC	Legal Compliance	69	06-Oct-10	06-Oct-10	W	9:00AM-12:00PM
FAC	Conversational French, Part 1	139	06-Oct-10	17-Nov-10	W	6:30PM- 8:30PM
FAC	Leadership Coaching: Helping Others Succeed	149	06-Oct-10	20-Oct-10	W	6:30PM- 9:00PM
	Conversational German	139	06-Oct-10	17-Nov-10	W	7:00PM- 9:00PM
FAC	MS Word 2007 I	119	07-Oct-10	07-Oct-10	Th	9:00AM- 4:00PM
DTC	Basic Contractor's Business Licensing Class	199	09-Oct-10	09-Oct-10	Sa	8:00AM- 5:00PM
	Accounting for Non-Accountants	179	09-Oct-10	23-Oct-10	Sa	8:30AM-12:30PM
FAC	Dental Radiation Safety Seminar	179	09-Oct-10	09-Oct-10	Sa	9:00AM- 3:00PM
DTC	Interviewing and Hiring	69	12-Oct-10	12-Oct-10	Tu	9:00AM-12:00PM
DTC	Basic Computer Literacy	259	12-Oct-10	02-Nov-10	TuTh	6:00PM- 9:00PM
FAC	Adobe Photoshop I	119	12-Oct-10	14-Oct-10	TuTh	6:30PM- 9:30PM
FAC	Wage and Salary Compensation	69	13-Oct-10	13-Oct-10	W	900AM-12:00PM

Site	Course Title	Price	Start	End	Days	Time
DTC	Nature Photography	129	14-Oct-10	18-Nov-10	Th	6:30PM- 8:30PM
FAC	MS Excel 2007 II	239	15-Oct-10	22-Oct-10	F	9:00AM- 4:00PM
FAC	Health Sciences for Healthcare Professionals	50	15-Oct-10	15-Oct-10	F	9:00AM- 1:00PM
FAC	Adobe Elements	119	16-Oct-10	16-Oct-10	Sa	9:00AM- 4:00PM
FAC	MS Office 2007 Computer Skills	399	18-Oct-10	22-Oct-10	MTuWThF	9:00AM- 3:00PM
	Accounting for Non-Accountants	179	19-Oct-10	28-Oct-10	TuTh	6:30PM- 9:30PM
FAC	Fundamentals of Project Management	249	19-Oct-10	21-Oct-10	TuTh	9:00AM- 4:00PM
FAC	Dreamweaver I	99	19-Oct-10	21-Oct-10	TuTh	6:00PM-10:00PM
DTC	MS PowerPoint 2007 I	109	20-Oct-10	27-Oct-10	W	6:30PM- 9:30PM
DTC	Journeyman and Master HVAC Tradesmen	95	20-Oct-10	20-Oct-10	W	6:00PM- 9:00PM
	Discipline and Discharge	69	20-Oct-10	20-Oct-10	W	9:00AM-12:00PM
DTC	Journeyman and Master Electrician	95	22-Oct-10	22-Oct-10	F	6:00PM- 9:00PM
DTC	Journeyman and Master Gas Fitters	45	23-Oct-10	23-Oct-10	Sa	8:00AM- 9:00AM
DTC	Journeyman and Master Plumber	95	23-Oct-10	23-Oct-10	Sa	9:00AM-12:00PM
FAC	QuickBooks Pro	269	25-Oct-10	29-Oct-10	MWF	9:00AM- 4:00PM
DTC	Developing Policies and Procedures	69	26-Oct-10	26-Oct-10	Tu	9:00AM-12:00PM
FAC	Interviewing and Hiring	69	27-Oct-10	27-Oct-10	W	9:00AM-12:00PM
DTC	Fundamentals of Project Management	249	28-Oct-10	04-Nov-10	Th	9:00AM- 3:00PM
FAC	Basics of Supervision	69	29-Oct-10	29-Oct-10	F	9:00AM-12:00PM
DTC	MS Excel 2007 II	239	01-Nov-10	10-Nov-10	MW	6:00PM- 9:00PM
DTC	Strategic Management in Human Resources	69	02-Nov-10	02-Nov-10	Tu	9:00AM-12:00PM
	Adobe Photoshop II	109	02-Nov-10	04-Nov-10	TuTh	6:30PM- 9:30PM
FAC	Developing Policies and Procedures	69	03-Nov-10	03-Nov-10	W	9:00AM-12:00PM
FAC	Adobe In-Design I	159	06-Nov-10	06-Nov-10	Sa	9:00AM- 4:00PM
FAC	AutoCAD, Part II	379	08-Nov-10	01-Dec-10	MW	6:30PM- 9:30PM
FAC	MS Access 2007 I	119	09-Nov-10	09-Nov-10	Tu	9:00AM- 4:00PM
FAC	MS Excel 2007 I	119	10-Nov-10	10-Nov-10	W	9:00AM- 4:00PM
FAC	Journeyman and Master HVAC Tradesmen	95	10-Nov-10	10-Nov-10	W	6:00PM- 9:00PM
	Journeyman and Master Gas Fitters	45	13-Nov-10	13-Nov-10	Sa	11:00AM-12:00PM
FAC	Journeyman and Master Electrician	95	13-Nov-10	13-Nov-10	Sa	8:00AM-11:00AM
FAC	Journeyman and Master Plumber	95	13-Nov-10	13-Nov-10	Sa	12:00PM- 3:00PM
FAC	Everyday TMJ	50	13-Nov-10	13-Nov-10	Sa	9:00AM- 1:00PM
DTC	QuickBooks Pro	269	15-Nov-10	08-Dec-10	MW	6:30PM- 9:30PM
FAC	MS Excel 2007 II	239	15-Nov-10	17-Nov-10	MW	9:00AM- 4:00PM
FAC	MS Access 2007 II	239	16-Nov-10	18-Nov-10	TuTh	9:00AM- 4:00PM
FAC	Dreamweaver II	159	16-Nov-10	18-Nov-10	TuTh	6:00PM-10:00PM
	Strategic Management in Human Resources	69	17-Nov-10	17-Nov-10	W	9:00AM-12:00PM
FAC	MS Excel 2007 III	239	06-Dec-10	08-Dec-10	MW	9:00AM- 4:00PM
FAC	MS Access 2007 III	239	07-Dec-10	09-Dec-10	TuTh	9:00AM- 4:00PM
FAC	Open Computer Lab for Seniors	Free	07-Dec-10	07-Dec-10	Tu	9:00AM-11:00AM

For more information and additional classes, please call 540-891-3012



Culpeper SWCD Partners with Culpeper County Agencies to Build Outdoor Classroom

Palustrine emergent wetlands connect Eastern View High School (EVHS) and the Community Sports Complex in Culpeper County. Working with the science department of EVHS and Culpeper County Parks and Recreation, the District developed a plan to enhance the natural resources of the site so that they can be utilized by students, staff and the community at large.

The project, called Community Connections — Making Wetlands Accessible to All, includes the following features:

Reestablishing woody vegetation in the palustrine emergent wetland **(25 trees planted to date)**

Expanding the existing riparian buffer that is on 2 tributaries to Jonas Run to 50 feet on each side of the stream in most places **(750 trees & 400 shrubs planted to date by ecology, agriculture and AP biology students at EVHS)**

Redesigning a parking lot island into a bioretention site (rain garden) to address the quality and quantity of the stormwater
Building an interpretive trail around the perimeter of the property for wildlife habitat
Building a boardwalk near the wetland so people of any physical ability can enjoy and appreciate the wetland area

So far, the project has received 400 shrubs from Shenandoah Valley SWCD/NRCS and 800 trees from the Vaughn Bassett Furniture Company through a reforestation grant via the Virginia Department of Forestry (VDOF). Grant applications are pending from VDOF and the National Fish and Wildlife Foundation.

If you are interested in volunteering and/or receiving updates on the project, please call Stephanie DeNicola at 540-825-8591. You may also visit our website at www.culpeper.vaswcd.org and click on the Outdoor Classroom link. This project is scheduled to be a workshop at the upcoming Virginia Environmental Education Conference on

September 15 at James Madison's Montpelier in Orange County.

Eastern View High School Team Places 4th at State Envirothon Competition

Envirothon, an environmental competition for which students spend the full school year preparing, features five "in-the-field" test stations — soils, wildlife, aquatics, forestry and current environmental issue — requiring teams to answer questions in both written and hands-on formats. During an oral presentation teams propose a management solution related to the current environmental issue to a panel of judges consisting of industry and natural resource professionals. This year's issue was "Groundwater Protection through Urban, Environmental and Agricultural Planning." The State problem addresses the topic as it relates to the water supply in Northampton County.

This year the Culpeper District sponsored two Envirothon teams in the Area II competition: Eastern View High School (EVHS) Team A, coached by Leslie Fowler-Jones, and EVHS Team B, coached by Science teacher Janice Mayhugh. EVHS Team A included Seniors Bonnie Hansen, Rachael Hulvey, Lauren Lukow and Rachel Murphy and Sophomore Nina Lukow. EVHS Team B included Seniors Brandon Fincham, Mattie Hyler and Robin Ramey and Sophomores Avery Barbour and Cody Phelps.

The teams competed in the Area II Competition on April 21, held at Ellanor Lawrence Park in Fairfax County. The EVHS Team A placed 1st, earning them a spot at the Virginia Envirothon. EVHS Team B placed 2nd.

The Virginia Envirothon was held May 16 & 17 at the Skelton 4-H Center at Smith Mountain Lake. The Eastern View team placed 4th overall out of 18 teams, as well as 1st in Soils and 2nd in the Special Topic. The Culpeper District was proud to be represented by the team, and we are looking forward to next year.

If you are interested in participating in a



CSWCD Education Coordinator with the Eastern View HS Envirothon teams after the Area II Envirothon.

team or coaching one, please contact Stephanie DeNicola at 540-825-8591 or send an e-mail to Stephanie.DeNicola@va.nacdnet.net. The 2011 Envirothon Special Topic is Fresh and Saltwater Estuaries.

Help Available for Septic System Pumping, Repair & Replacement

Culpeper County residents in the Hazel River Watershed may be eligible for 50-75% cost-share to maintain, repair or replace their septic systems. To find out if you are in the Hazel River watershed call the District office at 540-825-8591.

The mission of Culpeper Soil and Water Conservation District is to promote the stewardship of soil and water and the conservation of our natural resources by educating and providing technical assistance to manage, protect, and enhance the land and water for the benefit and enjoyment of the citizens of Culpeper, Greene, Madison, Orange and Rappahannock counties.

Culpeper County is represented on the Culpeper Soil & Water Conservation District Board by Directors John Boldridge, Laura Campbell and Thomas O'Halloran and Associate Director Jocelyn Lampert.

For more information about lawn care, best management practices, reporting pollution, moving dirt and other issues regarding soil and water conservation please contact Stephanie Rose DeNicola, Communications Specialist of Culpeper Soil & Water Conservation District at (540) 825-8591.

Criminal Justice Services

CJS has undergone some changes over the past year. In the fall of 2009, the Local Probation Officers and the Director were trained in Motivational Interviewing/Effective Communications, MI/EC. MI/EC utilizes various communication skills and techniques to increase an individual’s motivation. When used effectively, MI/EC has been proven to create internal motivation allowing for change to occur.

In order to become proficient with the new skills and techniques learned, CJS staff began a “Learning Team” in December 2009. The Learning Team, made up of CJS staff members, meets once a week for an hour and a half at a time. Usually the meetings consist of reviewing a skill, technique, principal or practice, which involves MI/EC, and role-playing.

The initial goal of the Learning Team was to insure that each officer could demonstrate basic competency with the new skills and techniques. Basic competency is defined as asking 70% open-ended questions, not talking more than 40% of the time, providing at least 2 reflections for every question asked, and that the interaction invoke a thoughtful response. It is with great pride we re-

port that each Local Probation Officer and the Director have been certified as demonstrating basic competency in MI/EC.

MI/EC is not a program. It is way of conducting business. All job descriptions have been changed to reflect this new practice. Each officer must show basic competency utilizing MI/EC in order to remain employed.

The Director, Andrew Lawson, has undertaken the challenge of becoming a MI/EC trainer. He has thus far attended and taught portions of 3 MI/EC trainings, under the supervision of Ray Ferns. Mr. Ferns is an expert in the usage of MI/EC. In July 2010, Mr. Lawson will attend the fourth and final MI/EC train-the-trainer program and will become certified as a MI/EC trainer for the Virginia Community Criminal Justice Association, VCCJA.

VCCJA expects to have 10 certified MI/EC trainers by the end of summer. Mr. Lawson will work with the other certified trainers to provide MI/EC trainings on behalf of VCCJA. VCCJA is an association of local probation and pre-trial officers for the Commonwealth of Virginia. For more information on VCCJA, please go to www.vccja.org

Perspective of an Intern with Criminal Justice Services
By Andreas Brielmaier

For four years I learned about crime and punishment through pen and paper. At the close of 2008, I graduated from Radford University with a Bachelor of Science degree in Criminal Justice. Leading up to graduation I was well aware of the economic state of our nation, specifically of the highly competitive and equally limited opportunities in the labor market. I therefore decided, fortunately with the support of my family, to continue working on my education while trying to secure employment. I immediately began an online Master’s program. With this mobility I ventured out on the job hunt.

After numerous employment dead-ends, let downs, and frustrations I came to the conclusion that regardless of my educational foundation I lacked the real world ‘experience’ that would distinguish me from other applicants. I re-focused myself and decided that since I am not earning anything being unemployed, I could at least be earning experience by interning.

On Monday April 12th I was introduced to Andrew Lawson, Director of Culpeper Criminal Justice Services, who oversees adult local probation. I shared my story with him, and he listened. I was given an opportunity, a County ID card with my name and picture, under which read my new title “Intern”.

Going into this, my perception of probation was rather simple and straightforward. Offenders are ordered by the Court to probation; it is then the role of the probation officer (PO) to babysit this individual. If the offender breaks any terms of their probation, the PO then enforces the Court order, ultimately sending them back to face their just punishment.

Today I see things differently. It is almost comical that things are never as simple as they seem. I have learned that the offenders who are ordered to probation are as unique and diverse as the crimes they have committed. I shared a great number of misconceptions and assumptions about probation, its roles, its limitations and most of all, its effectiveness in reducing re-offending. The real-

ity is that probation will never compete with iron bars, armed guards, and razor wire as the ‘toughest’ penalty. However, this is not its intended role. We, like any part of our corrections system, cannot force an offender to change. Probation rides on the philosophy of choices and sustainability.

Over these last few months I have seen many offenders who have chosen to continue on their antisocial and self-destructive path. These individuals will ultimately find their home behind bars, yet their cost to society will continue through financial expenses. I would be lying if I said this does not take a toll on the probation officer and the system itself, all of whom have invested time and money on offering a second chance to such offenders, only to see the end result be the same. This is perhaps a universal frustration.

On the other hand I have also seen individuals come to eye-opening revelations about the self-destructive lifestyle they have led and the harm they have caused. A probation officer is not an enforcer, but a civil servant whose job is to monitor those referred by the Court. Our goal as probation officers is to reduce re-offending and to do this we must get at the thinking of the offenders. This is the battle I have been introduced to, a constant challenge of attempting to discover what motivates offenders in hopes of invoking a cognitive internal desire to change in a pro-social manner. Juggling this while keeping perspective on the safety of the community and the order of the Courts can become stressful, yet rewarding.

This world is only getting smaller, our jails and prisons more crowded, our communities increasingly fearful and our budgets shrinking. I believe we as a society are at a crossroads. With world-record inmate populations and billions invested each year, it is easy to overlook the perhaps most powerful changing agent we all wield, one I have been reminded of through my recent experiences. This is free will.

Consider the “Options”

Susan Kroh – Juvenile Assessment Specialist for Options

The ‘Options’ program offered by Culpeper County is dedicated to improving the lives of youth in the community who are experiencing difficulties in their lives. The juvenile justice system (probation), the school system, and mental health agencies refer participants, ages twelve through seventeen years, to the program for assessment or other services. But referral from an outside agency is not necessary. Parents who are concerned with their teenager’s behaviors or attitudes, or worried about the possibility of substance abuse issues, can call for assessment or treatment services. One criteria that makes Options unique is that services are offered free of charge to County residents.

The mission of ‘Options’ is to provide services in collaboration with other agencies, that encourage at risk youth to become responsible, respectful, and productive members of the community, while at the same time supervising sanctions (imposed by the Court, Juvenile Probation Officer, or the School System) that hold youth accountable for their behavior.

Some of the services currently offered at ‘Options’ include group programs aimed toward providing the tools for making better choices regarding substance abuse and anger management. The community service portion of the program offered by Options, and monitored by Roberta Jackson, allows juvenile offenders the opportunity to make amends for their offenses by giving back to their community.

A valuable tool for understanding behavioral motivation is the Youth Assessment Screening Inventory (YASI). This assessment tool, administered by certified staff member Susan Kroh, helps identify risk factors by examining the history and current environment of the youth. A feature of the YASI is to link assessment results generated from the participant’s report and additional information to the process of planning appropriate service provision. An important addition to this assessment tool is inclusion of results of the Substance Abuse Subtle Screening Inventory (SASSI) and Adolescent Chemical Dependency Inventory (ACDI). Together these tools identify risk levels in ten domains of the youth’s life.

Service needs are identified according to

high risk and red flagged domains, and recommendations for treatment are then made to services both within the ‘Options’ program, and/or to other community agencies as the need dictates. This collaboration can lead to increased benefit and favorable outcomes for youth who may be troubled, and/or having problems in their lives.

In the 2010 fiscal year, over one hundred and twenty-six YASI referrals were received, an 18% increase over the previous fiscal year (2009). The YASI assessment measures risk factors in ten domains of a juvenile’s life. Since it was first offered at ‘Options’ in 2008, results of two hundred and thirty-three YASI’s conducted show that 32% of the juveniles assessed had high risk factors in the Family domain; 25% had high risk in School; 14% had high risk in Community/Peer; 15% in Alcohol/Drugs; 27% in Aggression; 24% in Violence; 39% in Attitude; 57% in Skills, and 9% in Employment/Free Time. Overall 64% of the youth assessed had moderate or high levels of risk in their lives.

Following the assessment, a report is generated to indicate where high risk, if any, is identified. Services are then recommended as indicated by the YASI to in-house group services, or referral to mental health services at outside agencies, or other appropriate service recommendations. These service provisions are recommended as a means to reduce risk, and increase protective factors.

For example: High risk in the domain of Violence/Aggression leads to referral to Anger Management group programs. At

‘Options’, Anger Management classes are facilitated by Lorie Davis, LPC, in a thirteen week intensive cognitive-behavioral process that focuses on the origins of the anger within the participant, while providing practical and realistic interventions for insight into the cycles of anger with the goal of equipping participants to better negotiate conflict. In the

2010 fiscal year, eighty juveniles were enrolled in anger management classes, representing a 54% increase in enrollment.

In fiscal year July 1, 2009 through June 30, 2010, fifty-five juveniles were enrolled in substance abuse treatment programs at ‘Options’, a 28% increase from the previous fiscal year. David Kemp, CSAC, facilitates treatment modalities of Substance Abuse Brief Intervention, and Substance Abuse Treatment. Both motivational enhancement therapy groups also include cognitive behavioral therapy sessions. Marijuana use is identified, and the

goal is to increase the youth’s motivation to address this use and develop skills to help stop or reduce marijuana use. In the Substance Abuse Treatment group, coping skills are taught as an alternative to using marijuana when responding to problems, interpersonal conflicts, and negative mood states.

Recently staff completed training in *Thinking for a Change*, a program designed to help youth learn to make different choices, with a component of anger management or reduction in reactive behaviors. This group program is expected to begin in August 2010, the first class enrollment is already filled.

‘Options’ was pleased to offer a different venue from the past when starting July 1,

Criteria used to determine if an adolescent has a Substance Abuse Disorder:

- Failure to fulfill a major role obligation (school, work, or home absences);
- Substance use in situations that are physically hazardous – driving an automobile, 4-wheeler, or dirt bike; having unprotected sex under the influence;
- Substance related legal problems;
- Having persistent or recurrent social or interpersonal issues (physical fights).

Criteria for identifying a Substance Dependence Disorder:

- Increased tolerance;
- Substances taken in larger amounts over longer periods of time than intended;
- Persistent desire or unsuccessful efforts to cut down or control substance abuse;
- Great deal of time spent in activities necessary to obtain, use, or recover from the effects of the substance;
- Important social, occupational, or recreational activities are given up for the substance abuse;
- Continued use in spite of knowing physical or psychological problems caused by the substance are exacerbated by the continued use of the substance.

2008 the agency was recipient of the Workforce Investment Act (WIA) Grant for the Youth Workforce Program. Linda Murphy provided case management to forty-two youth in the two years ‘Options’ worked under the grant. The goal of the program was to help youth, ages 14-21 years, get on track with completion of their education and training for a career. Under a stimulus program offered by the Workforce Investment Act, ‘Options’ worked with thirty-one youth participants ages 16 through 24 years old to find job placements for the summer of 2009. Due to completion of this Federal Stimulus Incentive, the Youth Employment Program is not now offered at ‘Options’. More information on the success of this program will be available in future *Culpeper Minutes*.

‘Options’ staff actively serves and participates in Healthy Culpeper Community Partner meetings, and the Healthy Culpeper Teen Prevention Coalition, in order to learn about the services available in our community. Information from collaborative agencies on services they provide for youth, including mental health services and other teen focused programs, is an important part of the referral process of the YASI. In addition to recommendations to mental health services, sometimes the recommendation generated from the YASI assessment is for the youth to become involved in volunteerism, reading or arts programs, support groups, sports and physical fitness programs, or other positive activities to help them broaden their lives, or develop positive community relationships.

The staff at ‘Options’ is grateful to the many agencies that provide the referrals to the program, collaborative support, and service provision in the effort to help our community youth as they grow and learn to become valuable members of society.

You can reach the staff of ‘Options’ by calling 540-829-2129 for information on the YASI or descriptions of the other programs at Options.



‘Options’ is a Piedmont United Way community partner. Donations may be designated for Options through United Way. In this time of financial hardship donations are especially appreciated and will help keep our free services in place for the Culpeper community.

The Substance Abuse Subtle Screening Inventory (SASSI) and Adolescent Chemical Dependency Inventory (ACDI) administered by Dave Kemp, Certified Substance Abuse Counselor, identify adolescents, 12-18 years old, with substance abuse and substance dependence disorders. Since July 1, 2007, the results of the 280 SASSI’s administered at ‘Options’ reveal that 28% of the juveniles assessed have a high probability of a Substance Abuse Disorder and 14% have a high probability of a Substance Dependence Disorder.

Commissioner of the Revenue

Terry L. Yowell



ATTENTION TRUCK, SUV & CUV OWNERS:

Over the past few months, there has been a lot of talk about the vehicle market and the value increase of certain types of vehicles for January 2010 compared to a year ago. Shortly after you read this article, you will receive your 2010 personal property tax bill and for some of you, this will be the case. I hope the following information will be helpful and offer some clarity regarding the reasons given for these changes in vehicle valuations.

Normally, vehicle values tend to depreciate from month to month. Naturally, we expect the value of any vehicle in January to be lower than the value of the same vehicle during the previous January. That is the case this year for many vehicle segments, with the exception of SUVs, CUVs and light trucks. All major vehicle valuation guides, not just National Automobile Dealers Association (NADA), show increased values for SUVs and light trucks between January 2009 and January 2010.

Several key market events, beginning as far back as mid 2008, led to higher values in the 2010 SUV and light duty truck segments nationwide. Events affecting certain vehicle values over the past 18 months include the price of gasoline, the fall then rapid rise in consumer demand for SUVs and trucks, the mortgage lending crisis and the Cash for Clunkers program.

The most significant issue is the cost of gas. In early 2008, vehicle values were trending as we normally expected. Then, in May, June and July, gas prices increased dramatically. The national average for a gallon of regular gas peaked in July 2008 at just over \$4.50. As a result, consumers sold unprecedented numbers of SUVs and trucks. In late 2008, the situation was so bad that dealers simply stopped taking the large vehicles in trade. By the end of 2008, SUV and truck values were at a low point. In fact, January 2009 values were actually lower than if traditional trending had occurred. If you owned one of these vehicles, it is likely that the assessed value as of January 2009 was in many cases as much as 30 to 40 percent lower than in 2008.

Then another major change occurred. The cost of a gallon of regular gas dropped to below \$2.00 in mid January 2009 and persisted. The huge drop in gas prices led consumers to return to the SUV and light truck market in all-time record numbers. As gas prices gradually rose

throughout 2009 to an average of \$2.85+, consumer demand has remained strong. Strong demand generally means higher prices.

What about supply? In July and August of 2009, the “Cash for Clunkers” program, designed to encourage



new vehicle sales, was successful in removing nearly 680,000 vehicles from the road with nearly 85% of those vehicles falling into the SUV and light truck segments. The rules of that program required that those vehicles be destroyed and not returned to the used market. This further increased demand as the used vehicle supply diminished. As with many of the economic changes that have occurred in the past two years, no one predicted, nor could have predicted, the rapid fluctuations in the cost of gas, nor in the fall and then significant rise in demand, along with the drop in supply of SUVs and trucks.

The assessed value of vehicles is required by law to be established on Tax Day which is January 1st. The values of these vehicles represent the market at that moment in time. So as gas prices fell and consumer demand increased, supply became an issue (which persists today), resulting in an increase in market value from the previous year.

The Code of Virginia requires that a recognized pricing guide be used, and as such almost all localities in Virginia use NADA as the recognized pricing guide for the valuation of vehicles. As a vehicle valuation company, NADA Used Car Guide reviews millions of actual sales transactions in both the retail and wholesale (auction) markets each month. Over a 77-year history, they have worked diligently to maintain their position as the leader in providing accurate, reliable and objective vehicle values to all segments of the automotive industry.

NADA reports three major values; retail, trade-in and loan. In Culpeper County, we use the trade-in value to represent effectively the fair market value of your vehicle. We also make high mileage adjustments according to the mileage table in the NADA guide.

I hope this explanation gives you some clarity and answers your questions. While these factors are out of my office’s control, we are always willing to listen and assist you as much as we possibly can. As always, if you have questions, please call, email or stop in.

Commissioner of the Revenue *(continued)*

DEPUTY COMMISSIONER TONI L. UPTON EARNS MASTER CERTIFICATION

(Charlottesville, Virginia - July 01, 2010) The Commissioners of the Revenue Association of Virginia announced that Culpeper's Deputy Commissioner of the Revenue, Toni L. Upton, has been awarded the title Master Deputy Commissioner of the Revenue, under the Master Designation Program administered by the University of Virginia's Weldon Cooper Center for Public Service and the School of Continuing and Professional Studies. The program was developed to enhance the professionalism of local government officials and their staff and is sanctioned by the Virginia General Assembly.

The program, which takes a minimum of three years to complete, requires a combination of extensive education and governmental experience. The process is an ongoing educational experience which does not end with

receipt of the Master designation. In order to maintain the Master designation, the Deputy Commissioner must satisfactorily complete a minimum number of hours in continuing education after receipt of the initial designation.

Ms. Upton has been with the Culpeper Commissioner's office for 4 years and serves as Personal Property Assessment Specialist. Ms. Upton is also a member of the Virginia Association of Assessing Officers (VAAO), the Virginia Association of Local Tax Auditors (VALTA) and serves on the personal property subcommittee for Bright & Associates COR User Group.



DEPUTY COMMISSIONER TAMMY GEER ELECTED FIRST VICE PRESIDENT OF VIRGINIA ASSOCIATION OF LOCAL TAX AUDITORS

After serving two years as Recording Secretary, Deputy Commissioner Tammy Geer was elected First Vice President of VALTA. Ms. Geer serves as our local tax auditor. She begins her new role on July 1, 2010.

CULPEPER COUNTY OFFICE OF THE COMMISSIONER OF THE REVENUE HOSTS VIRGINIA ASSOCIATION OF LOCAL TAX AUDITORS

Commissioners, deputies and tax auditors from around the Commonwealth of Virginia convened in Culpeper County on May 19, 2010 as the Culpeper office of the Commissioner of the Revenue hosted the first 2010 meeting of the Virginia Association of Local Tax Auditors (VALTA). Meeting space was generously provided by Germanna Community College Daniel Technology Center, and guests were welcomed by Jim Charapich, Culpeper County Chamber of Commerce President/CEO.

The meeting was presided over by VALTA President Paul Crepeau, Audit Supervisor, CPA, MDCR with the City of Norfolk who began the meeting by presenting legislative updates from the 2010 General Assembly session. Guest presenters included J. Brian Bergen, MAI, SRA, Sr. Real Property Tax Consultant, Department of Taxation speaking on the topic of wineries, along with Hon. Ross W. D'Urso, MCR, Fauquier County and Hon. Ellen E. Murphy, MCR, Frederick County discussing farming versus business personal property.



Eric Olson

Presentations regarding business license requirements, exemptions from licensure, consumer protection and exploring the Department of Professional and Occupational Regulation (DPOR) website were provided by Eric L. Olson, Executive Director, Board of Contractors, DPOR and Mary Broz-Vaughn, Director of Communications, Legislation and Consumer Education, DPOR.

COMMISSIONER OF THE REVENUE OFFICE BOWLS FOR SENIORS



Commissioner Yowell and Deputy Commissioners of the Revenue along with spouses, children, family and friends took to the lanes once again on April 3, 2010 at Mountain Run Bowling Center in support of the Rappahannock Rapidan Community Services Board and Area Agency on Aging.

This year, the Commissioner's Office formed 4 teams and contributed \$570 to help continue services for home-delivered meals, adult daycare and the Senior Center. This annual event is one of the most enjoyable fundraisers the office participates in, and we look forward to supporting our community next year!



Front row: Mary Stoddard, Missy Walker, Crystal Hitt, Terry Yowell, Tammy Geer; Back row: Jason Collins, Cheryl Collins, Mary McLeod, Jimmy McLeod, Denise Whetzel, T.R. Whetzel, Jimmy Yowell and Britton Hitt. Not pictured: Steve and Rose Foushee

Commissioner of the Revenue Contact Information

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CULPEPER COUNTY SHERIFF'S OFFICE

Sheriff Jim Branch Jr.

110 W. Cameron St. Culpeper, Va. 22701 (540) 727-7520
Emergency 911 – Records Office (540) 727-3400 – Crime Tip Line (540) 727-0300
www.culpepersheriffsoffice.com

Resource officers return to schools for 11th year

Cpl. Shannon Carter
Culpeper High School

Deputy Cody Perry
Culpeper Middle School

Deputy Anna Brown
A.G. Richardson Elem.
Pearl Sample Elem.
Sycamore Park Elem.

Deputy Jason Smith
Floyd T. Binns M.S.
Emerald Hill Elem.
Farmington Elem.
Yowell Elem.



Sgt. Owen Bullard
Eastern View H.S.

Culpeper school resource officers not only represent a law enforcement presence in school communities, they also build partnerships with administrators, work with teachers and engage students of all ages.

The Sheriff's Office began the School Resource Officer Program in 1999 and has since expanded it to include seven full-time deputy positions. The two newest deputies are in training and are scheduled to start working in schools next spring.

Resource officers are responsible for all primary and secondary schools in Culpeper County and are a daily presence on campuses throughout the school year.

In elementary schools deputies provide lessons to kindergarten, second and fourth grade classes on a variety of topics including stranger danger, using 9-1-1, and gang and bullying prevention.

School resource officers also lead Drug Abuse Resistance Education (D.A.R.E.) at both middle schools. The

D.A.R.E. program is a series of lessons instructing children on how they can make good choices in their lives, resist peer pressure and stay drug and violence-free.

Deputies at high schools take on various responsibilities including leadership in teaching good citizenship, safe driving initiatives and student mentoring.

*For more information on programs or to speak with the deputy assigned to your child's school, contact **Sgt. Owen Bullard** at (540) 727-7520 Ext. 566.*

**Have you become physically and/or verbally abusive to your spouse or significant other?
Help is available.**

Contact Culpeper County Criminal Justice Services at 540-727-3450 for referral to a treatment provider.

Culpeper County Board of Supervisors

Culpeper Minutes

A quarterly publication



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Social Security Administration

Less Time Inside Means More Time Outside

The sun is out and there are a thousand and one things you could be doing outside.

The last thing you want to do is sit in traffic on your way to the Social Security office, or to wait in line once you get there. From your doorstep to the local Office and back again, you could spend a lot of extra time taking care of your Social Security business. Or, you could choose to visit our online office at www.socialsecurity.gov and complete your Social Security business in a matter of minutes with no commute whatsoever.

There are so many things you can do at our online office. For example, you can apply online for retirement benefits. Our website makes it simple, allowing you to apply for retirement benefits in as little as 15 minutes. In most cases, once you fill out the application, you're done. There are no forms to sign and no documents to submit. The direct link to applying for benefits online is www.socialsecurity.gov/applyonline.

Not ready to retire yet, or not sure? We have online resources that can help you plan ahead or make your decision. Our *Retirement Estimator* will allow you to enter different scenarios to come up with the retirement plan best for you. You can find it at www.socialsecurity.gov/estimator.

Perhaps you need to file an application for disability benefits. A Disability Starter Kit explains the documentation and information you'll be required to provide on the application, and includes checklists and worksheets to help take the mystery out of applying. You can find the Disability Starter Kit at www.socialsecurity.gov/disability on the left-hand side of the page.

You can apply online for Medicare, if you're within four months of your 65th birthday. Most people, even those who don't plan to start getting retirement benefits right away, need to apply for Medicare coverage at age 65. The application takes as little as 10 minutes, from start to finish. Learn more at www.socialsecurity.gov/pubs/10530.html.

There are other things you can do online, such as apply for a replacement Medicare card, and request an SSA-1099 for tax purposes. You can learn about these and other online services at www.socialsecurity.gov/online services.

So if you'd like to soak up some extra sun, we suggest you take your Social Security business online. You may even be able to take your laptop outside and conduct your business in the great outdoors. See for yourself at www.socialsecurity.gov

Nancy E. Davis, Culpeper District Manager

Virginia Department of Transportation (VDOT): 540-829-7626 For latest road conditions Call 511
To report Road Hazards or Snow-Flood Conditions: 800-367-7623 Toll Free